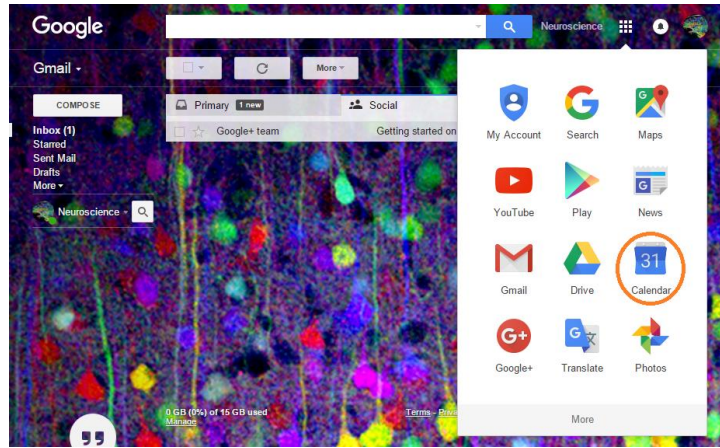
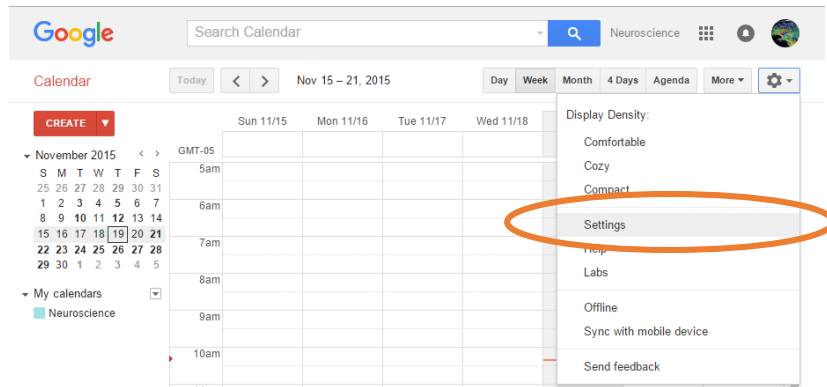


# Checking your Time Zone

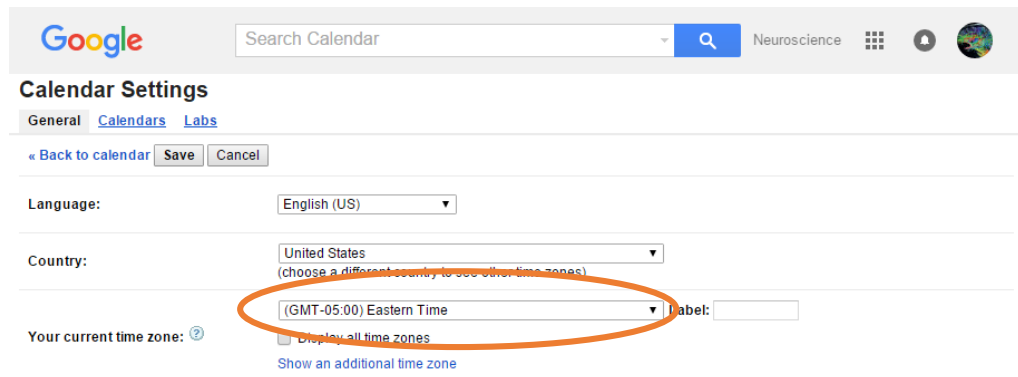
1. Go to your **Calendar**.



2. Go to **Settings**.



3. Check your Time Zone. Make sure it says **(GMT: -05:00)Eastern Time**



4. Click **Save**

